

**Sunset Athletic Club Indoor Rock Climbing Facility
Acknowledgement of Risk and Agreement to Participate;
Waiver and Release of Liability**

Notice: This is a legally binding agreement. Please read it thoroughly and understand the contents. By signing this document, you verify your understanding of the risks involved in participation with the indoor rock climbing facility at Sunset Athletic Club, as outlined herein, and you assume the risks associated with participation in the activities, known or unknown, at the present date or at any future date. By signing this document, you also renounce your right to recover compensation or claim any other remedy for any personal injury, damage to property, death or any other loss resulting from participation with the indoor rock climbing facility at Sunset Athletic Club, at the present date or at any future date. Finally, in signing this document, you assert that you have reviewed and understand Sunset Athletic Club Indoor Rock Climbing Facility safety information and policies.

Acknowledgement of Risk and Agreement to Participate

The sport of indoor rock climbing has inherent dangers and risks, both anticipated and unanticipated, including all manner of injury both physical and emotional, paralysis, death, damage to property, or other losses.

Physical injuries may include but are not limited to:

- Cuts, abrasions or bruising
- Musculoskeletal injury or over training injury
- Head injury

Physical injury may result from any activity involving participation with the indoor rock climbing facility, including but not limited to:

- Contact or entanglement with climbing ropes
- Falling and impacting the rock climbing wall, protruding holds, the floor or other surfaces and fixtures, both permanent and temporary
- The jolt of the climbing rope when it catches a falling climber
- Falling climbers, ropes or other objects
- Overexertion or participation in activities beyond individual skill level, physical or mental capability
- Failure of equipment, including ropes, belay devices, harnesses, artificial holds, anchor points, climbing hardware, or any other element of the climbing structure or any climbing equipment
- Any activity in or near the climbing area, including climbing, belaying, lowering on the rope, or any other climbing activity
- Any neglect to follow established safety policies and procedures by any climber, belayer, spotter, spectator or any other person in or near the climbing area

Participation in the sport of indoor rock climbing does not prepare participants for the sport of outdoor rock climbing. Further education is necessary to prepare participants for the inherent dangers and risks associated with outdoor rock climbing, which differ from those associated with indoor climbing.

Waiver and Release of Liability

In consideration and recognition of the inherent risks of participation with the indoor rock climbing facility at Sunset Athletic Club, I agree, on behalf of myself, my heirs, guardians, legal representatives, and assigns, to hereby release, waive, and forever discharge Sunset Athletic Club, its agents, employees, or other representatives from any claims of personal injury, damage to property, death or any other loss resulting from participation with the indoor rock climbing facility. I agree to indemnify and hold harmless Sunset Athletic Club or any entities mentioned

herein from all liability, at the present date or any future date, regardless of the circumstances of the claim, whether caused by negligence of Sunset Athletic Club or otherwise, whether participation is supervised or unsupervised, and whether any breach of contract or duty of care takes place. I understand that this document is legally binding for me as well as the entities mentioned herein, and I agree not to sue or otherwise make any claim against Sunset Athletic Club or any entities mentioned herein and that Sunset Athletic Club will not be held legally responsible for any loss I suffer from participation in any way connected with the indoor rock climbing facility.

With clear knowledge of the risks involved in participation with the indoor rock climbing facility, as outlined herein, I voluntarily assume all risks associated with participation, known or unknown, and I agree to follow all safety polices and procedures established by Sunset Athletic Club for participation with the indoor rock climbing facility. I further certify, acknowledge and agree that I am of the physical, emotional and mental capability necessary for participation with the indoor rock climbing facility, at the present date and any future date.

I have carefully read and clearly understand the provisions of this document, and I voluntarily sign this document agreeing to its terms and exempting Sunset Athletic Club from liability for losses resulting from participation with the indoor rock climbing facility, at the present date or any future date.

Printed Name of Participant: _____

Signature: _____ Date: _____

Parent or Guardian's Additional Indemnification (for participants younger than 18 years of age)
In consideration of the named participant, younger than 18 years of age, I acknowledge that I have carefully read and clearly understand the provisions of this document. By signing, I agree to indemnify and hold harmless Sunset Athletic Club for any claim of loss by the named youth as a result of participation with the indoor rock climbing facility at Sunset Athletic Club, at the present date or any future date.

Printed Name of Youth Participant: _____

Printed Name of Parent or Guardian: _____

Signature: _____ Date: _____

Participant Information

Full (legal) Name: _____

Mailing Address: _____

Telephone: _____ Date of Birth: _____

Please note: This document must be fully completed prior to participation with the indoor rock climbing facility at Sunset Athletic Club.

For Internal Use by Sunset Athletic Club: Staff: _____ Date: _____
